

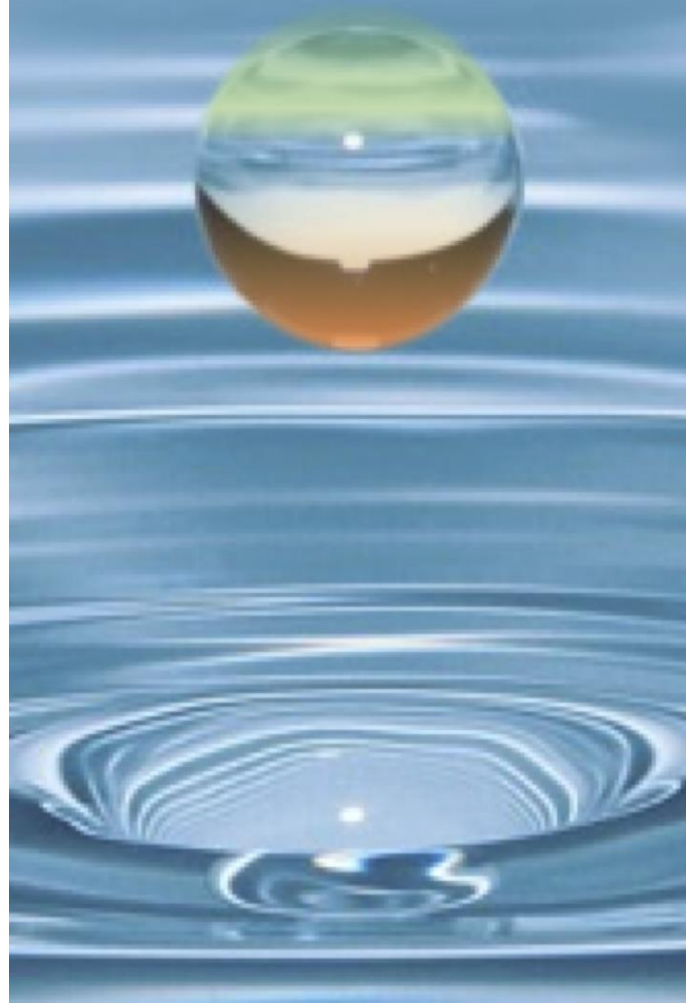


The Caplor House: Simple Coaching Tool

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CAPLOR HORIZONS RIPPLE PAPERS

...creating ripples of change



Learning differently

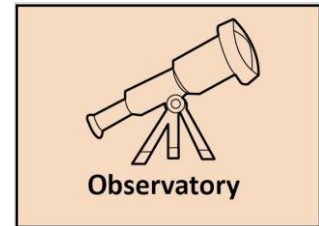
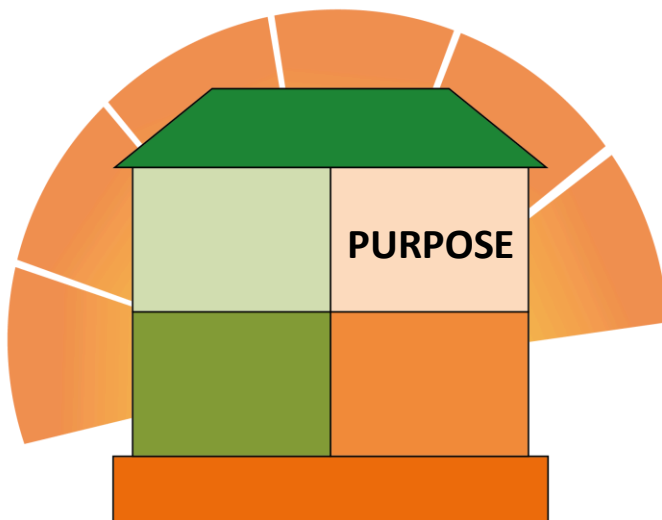
Thinking differently

Acting differently

The Caplor House: Simple Coaching Tool

Using the Caplor House as a tool for Coaching

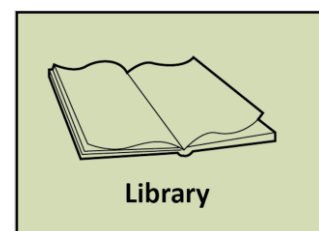
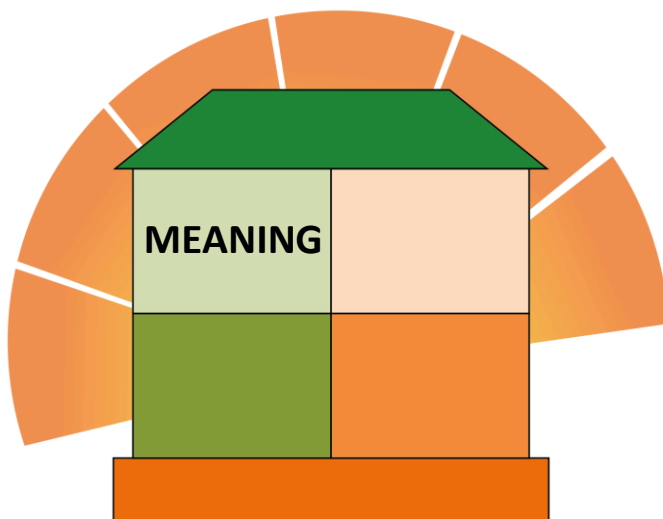
STEP ONE: PURPOSE



What is the purpose of the change that you want to make and what excites you about it?

What is the big vision you have of how things can change?

STEP TWO: MEANING

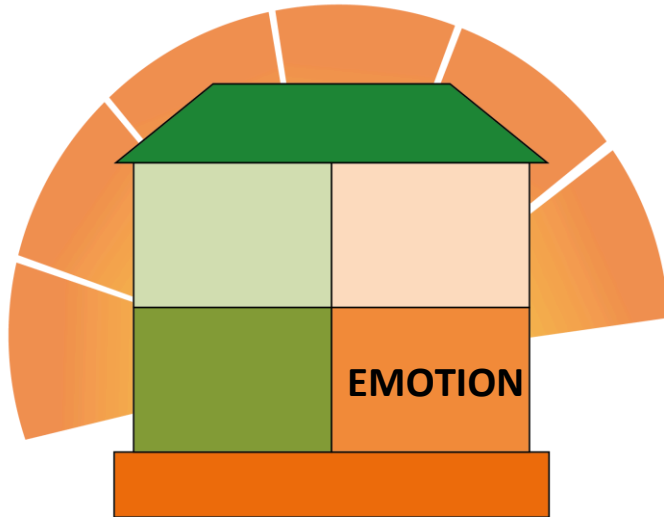


What is the reason for making these changes now?

What will be the benefits to you and to others?

Why is this course of action better than other ones that you have considered?

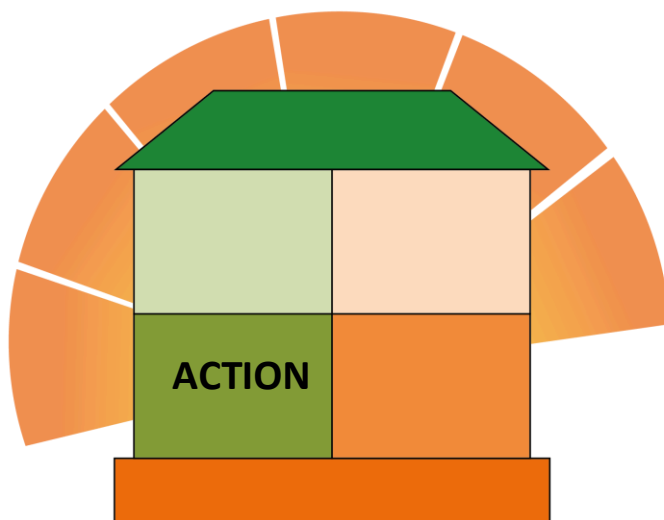
STEP THREE: EMOTION



How do you feel about these goals now? How do you want to feel?

What support is available that will help you most and how do you feel about asking for help?

STEP FOUR: ACTION



What will you actually do?

How will you do it and what are the timescales you're working to?

How will you know if you have succeeded?

Caplor Horizons – Background

Established in 2014, Caplor Horizons is an independent charity. We work with other charities and responsible businesses and now have over 50 Advisors. These are outstanding people that bring specialist knowledge and experience. They contribute their time on a voluntary basis, or at reduced rates, so that Caplor Horizons can provide high quality and distinctive services at an accessible cost.

Working locally, nationally and internationally, we help other organisations think differently about themselves and the new horizons that they face. We support them in strengthening their leadership, renewing their strategy and improving their influence.

We want to encourage and assist a new generation of organisations that are committed to making a positive and lasting impact. We believe that if we are to achieve real, sustainable change, we need to inspire and enable people to learn differently, think differently and act differently.

Our vision is: *A world where leaders deliver a sustainable future for all*

Our purpose is: *To be courageous, compassionate and creative in facilitating transformational change*

Our values are:

- **Courage** – We are courageous change makers committed to challenging assumptions, taking risks and having difficult conversations
- **Compassion** – We are open, understanding and heartfelt, encouraging the nourishment of our whole selves and others
- **Creativity** – We learn, think and act differently, and are innovative and resilient in an ever-changing world

Our beliefs are:

- Through diversity we ignite dynamic innovation
- Collaboration helps achieve greater impact
- Everyone matters
- We are all leaders in our individual and collective ways
– we are all change makers!
- Learning is more effective if it is fun, engaging and creative
- Building on people's strengths creates greater resilience

Our strategic goals:

- Goal 1: Transforming Leadership
- Goal 2: Strengthening Resilience
- Goal 3: Increasing Collaboration

*Learning differently
Thinking differently
Acting differently*

