Dharohar

Shivani Singhal
Head of Dharohar

> 66 *The Caplor team has brought a powerful breadth of perspective to us as well as much needed challenges to our thinking. They have created powerful safe spaces for difficult areas to be discussed and resolved.* 99

"Dharohar is focused on building resilient communities of life-long learners in and around Udaipur. Using volunteering as their core, they run experiential learning in schools, large tree planting and maintenance drives as well as programmes to preserve and share ancient knowledge and wisdom. It's a small team that works with many volunteers each year.

Caplor Horizons has worked with Dharohar for the last six years, in which time they have helped build connection and purpose within the team.

Through our work, we've gained a greater clarity on our work, deepened our personal leadership skills and deepening our sense of trust.

The Caplor team has brought a powerful breadth of perspective to us as well as much needed challenges to our thinking. They have run workshops with the whole team as well as with our leadership team.

They have created powerful safe spaces for difficult areas to be discussed and resolved.

In addition, the "Caplor House" model has become a standard part of language at work, giving all of us an easy way to talk about shifting perspectives and looking at a situation or opportunity in a holistic way.

I've really valued their support at an individual level for me as a leader.

The informal and formal coaching sessions have helped me push my thinking, challenge myself, and feel a sense of confidence as I step into my work. I look forward to a long collaboration between Caplor Horizons and Dharohar – thank you for all that you are doing!"

Reflections from the participants

> 66 *When we start working on something, we become busy working on that one thing. It is important to take a pause and think about that work as reflecting helps us work more efficiently and effectively. Caplor's workshops was one such pause, it provided me with a space to reflect.* 99
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> **– Arpita Sharma**

Dharohar

Reflections from the participants

"This workshop helped me to explore myself, understand Dharohar more deeply, and know my co-workers better. I am now feeling more confident and focused.

– Aru Mathur

Fleshing out our vision, mission, values and behaviour were really useful to get everyone on the same page. The methods used were great! It felt easy and it was helpful to get everyone's input. It did not feel intimidating to think of such big things because the right questions were asked.

– Harshavardhan Sumant

I learned that there is nothing that we can't learn, all we need is hard work and dedication. On the other hand asking questions and asking for help from others can also solve our problems.

– Aditya Ldoha